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Health Center

Location, Contact Info & Hours

H Building, 1st Floor, Room 105
(510) 644-6965

Hours

Mon: 10:00 AM – 4:00 PM

Tue: 08:30 AM – 4:00 PM

Wed: 08:30 AM – 4:00 PM

Thu: 08:30 AM – 4:00 PM

Fri: 08:30 AM – 4:00 PM

*Closed Daily from 12:30 – 1:15 PM

Services

First Aid

- Treatment of Minor Illnesses & Injuries
- Immunizations
- Referrals to Ongoing Care

Mental Health

- Initial Assessment
- Short-Term Individual Counseling (Up to 3 Follow Up Sessions)
- Long-Term Individual Counseling (Students with Alameda County Medi-Cal or extenuating circumstances that impact ability to otherwise access care)
- Crisis Assessment & Support
- Support Groups
- Consultation for Staff & Parents/Caregivers
- Case Management & Linkages to Internal Programs/Community Providers
- Prevention-Focused Outreach, Presentations, and Workshops

Reproductive & Sexual Health

- Birth Control
- Pregnancy Testing
- Emergency Contraception/Plan B
- STI Screening and Treatment
- HIV Prevention and Testing
- Health Education
- SHIFT Peer Education Program
- Referrals to Community Providers

Grab 'n' Go

- Band Aids
- Cough Drops
- Tampons/Pads

El Centro de Salud de Berkeley High School

Servicios Ofrecidos:

- SALUD MENTAL**
 - Asesoramiento Individual
 - Grupos de Apoyo
 - Apoyo a la Crisis
- REPRODUCTIVO & SALUD SEXUAL**
 - Condones & Método de Barrera
 - Métodos Anticonceptivos
 - Enfermedades de transmisión sexual (ETS) y pruebas de VIH
 - Prueba de Embarazo
 - Anticonceptivos de Emergencia
 - Educación para la Salud
- PRIMEROS AUXILIOS**
 - Tratamiento de Enfermedades y Lesiones Menores
 - Referencias a Atención Continua
 - Calambres Menstruales

Los servicios de Salud Mental, Salud Sexual y Primeros Auxilios son gratuitos.

Los menores de 12 años pueden dar su consentimiento para recibir sus propios servicios de salud mental y sexual, que en la mayoría de los casos son confidenciales.

TRES FORMAS DE CONCRETAR UNA CITA:

1. Escanea el Código QR
2. Llamar (510) 644-6965
3. Visita H-105

Fechas Y Horas de Servicio:

Lunes 10 am - 12:30 pm; 1:15 pm - 4 pm
Martes-Viernes 8:30 am - 12:30 pm; 1:15 pm - 4 pm
*Cerrado todos los días de 12:30 PM - 1:15 PM

- Heating Pads
- Condoms
- Fentanyl Test Strips

How to Make an Appointment

- Drop in @ the Health Center
- Students can often be seen right away; if not, an appointment can be scheduled
- Call 510-644-6965
- Complete our [Health Center Referral Form](#) or use our [QR Code to schedule an appointment](#)

Important Info

- The Health Center is operated by the City of Berkeley
- All services are free for students (in some instances, Alameda County Medi-Cal may be billed for services provided)
- First Aid services require parent/caregiver consent
- Minors 12 and older can consent to their own Mental Health and Reproductive & Sexual Health services and these services are confidential
- All Health Center staff are mandated reporters and confidentiality has some important exceptions associated with mandated reporting
- If Health Center staff need to collaborate with others in order to coordinate care, staff will ask students to complete a Release of Information (ROI) form in order to give staff legal permission to share the minimum necessary Protected Health Information (PHI) with relevant people/programs
- Services are provided in English and Spanish; staff use a Language Line for translation with all other languages as needed

Crisis Resources

[National Suicide & Crisis Lifeline](#) (24/7): Call/Text 988

[Crisis Text Line](#): Text HOME to 741741

[Trevor Project Lifeline for LGBTQ Youth](#) (24/7): 1-866-488-7386

[Berkeley Crisis Services](#)

Specialized Care Unit (6 AM-4 PM daily): 510-948-0075

Berkeley Mobile Crisis Team (11:30 AM-10 PM, every day except Tue/Sat): 510-981-5254 (voicemail)

Berkeley Police Non-Emergency Dispatch (24/7): 510-981-5900

Mobile Crisis Team will co-respond with BPD if available

[Alameda County Child Protective Services Crisis Hotline](#) (24/7): 510-259-1800

Questions?

If you have any questions or feedback, please reach out!

(510) 644-6965

Berkeley High School | 1980 Allston Way, Berkeley, CA 94704 | 510.644.6121

Notification of Non-Discrimination Policy:

The Berkeley Unified School District is committed to providing equal opportunity for all individuals in district programs and activities. Accordingly, BUSD programs and activities shall be free from discrimination, harassment, intimidation and bullying based on actual or perceived ancestry, age, color, disability, gender, gender identity, gender expression, nationality, race or ethnicity, religion, sex, sexual orientation, or association with a person or group with one or more of these actual or perceived characteristics. The Board shall promote programs which ensure that discriminatory practices are eliminated in all district activities. (Board Policy 0410, Board Policy 1311, Board Policy 4030, Board Policy 5145.3, Board Policy 5145.7)

The Board also prohibits retaliation against any district employee or job applicant who complains, testifies or in any way participates in the district's complaint procedures instituted pursuant to this policy. (Board Policy 4030)

Complaint forms are available at school sites and on the district webpage at www.berkeleyschools.net/complaints.

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For inquiries or concerns regarding BUSD nondiscrimination policy [5145.3](#) or the filing of discrimination complaints please contact:

Compliance Officer & Title IX Coordinator

2020 Bonar Street Room 116, Berkeley, CA 94702

Phone: 510.486.9338 Email: nondiscrimination@berkeley.net

More information is available at www.berkeleyschools.net/non-discrimination/.

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